



minnesota asthma coalition

AMERICAN LUNG ASSOCIATION
of Minnesota

Metro Region

to enhance the quality of life for people with asthma in Minnesota

Metro

Monday, September 24, 2007

Chair: Dr. Pramod Kelkar
Martin Luther King Junior Center
St. Paul, MN

Meeting Minutes

<p>Participants: 16</p>	<p>Pramod Kelkar, Allergist Colleen Dobie, Allina Woodbury Val Steussy, HealthPartners Janet Malkiewicz, HealthPartners Laura Oatman, MDH Barbara Lehn, Pediatric Home Service Erica Fishman, MDH Mary Aarness, St. Francis School District Cecilia Duplessis-Erickson, Minneapolis Public Schools Tammy John, South Washington County Public Schools Deborah Bailey, Resident of Carver County Karen Lindberg, Dakota County Public Health Sommer Rian, North Memorial Medical Center Pat Brown, Astra Zeneca Jill Heins-Nesvold, ALAMN Stephanie Kimmes, Metro MAC Coordinator</p>
<p>Minnesota Department of Health Update</p>	<ul style="list-style-type: none"> Erica informed the group that the May 2007 Update to the <i>Strategic Plan for Addressing Asthma in Minnesota</i> is available on the MDH website in both PDF and Word formats. Please see the plan update at http://www.health.state.mn.us/asthma/StatePlan.html Erica stated that the MAC is one of the main vehicles for implementation of the plan. MDH asked the CDC for \$700K and received, along with five other states, a \$600K grant award. All activities in the grant related to the asthma state plan.
<p>ALAMN Update</p>	<ul style="list-style-type: none"> Jill reported that the ALA received a grant to provide 50 trainings related to the new asthma guidelines to five states, MN, IA, SD, WI and IL. Fifteen outreach programs would be provided in MN, two for the Metro Region. This 90-minute program would be presented by a physician specialist and nurse or nurse practitioner team to a minimum of 20 participants per

	<p>training. The ALA is currently developing the curriculum. Interested groups should contact Stephanie Kimmes, the Metro MAC Coordinator, at stephanie.kimmes@spps.org.</p>
Controlling Asthma in American Cities Project (CAACP)	<ul style="list-style-type: none"> Jill and Cecilia provided an overview of the CAACP outcomes in Mpls/St. Paul which included successful interventions in the following categories, 1) Professional Education/Health Systems interventions, 2) Community-based education and interventions, 3) School-based interventions, and 4) Policy Initiatives Interventions. The CAACP will have funding for another 18 months (including a one-year no-cost extension). Jill and Stephanie proposed that the Metro MAC consider collaborating with the CAACP to further sustain their work. Ideas shared were to replicate successful Mpls/St. Paul interventions (like the St. Francis Asthma Friendly Schools Initiative) and to learn successful coalition strategies by joining a CAACP workgroup. Further discussion will continue. For more information about CAACP, go online at: http://www.cleanairchoice.org/americancities/index.asp
Washington County Asthma Coalition	<ul style="list-style-type: none"> The coalition met September 18, 2007 The Stillwater/Lakeview Hospital group has CMEs, open to anyone, some Wednesday mornings. There will also be an inservice re: the new asthma guidelines before November (date TBA). Please contact Dr. Groves at ngroves@lakeview.org for more information. Smoke Free Washington County will host an Implementation Event October 1, 2007, the day MN goes smoke free. A free chicken dinner at Gorman's Restaurant starts at 6:15 with remarks by several speakers including Dr. Sweet, from the Washington Co. Asthma Coalition, and Stephanie Kimmes at 7:00. The ALAMN will provide Metro MAC information for a supportive organization board and giveaways for grab bags.
Metro MAC adds two counties	<ul style="list-style-type: none"> Erica shared that Chisago County and Isanti County will join the Metro MAC from the East Central Region
Utilization of Certified Asthma Educators (AE-Cs)	<ul style="list-style-type: none"> Pramod pointed out that Certified Asthma Educators are underutilized in the clinic setting. He suggested that there be a PowerPoint slide re: the role of AE-Cs and how the ALA can help educate asthma educators. <i>Because pharmacists often don't have the time to educate patients on medication use, how can patients access asthma educators outside of the clinic setting?</i> Discussion to continue. Deborah concurred that asthma educators are an important source of information in the clinic setting. Jill will create a slide for ALA presentations describing the role of AE-Cs Asthma educator certification course at the ALA November 6 & 7, 2007: http://www.mrsnv.com/evt/home.jsp?id=1659

<p>Brainstorming: <i>What programming should the Metro MAC provide?</i></p>	<ul style="list-style-type: none"> • There has been a request to do an asthma update for 50-60 Parish nurses October 24, 2007. Thank you, Pramod and Janet, for providing this training. • Proper inhaler technique at sporting events • Ask school nurses what the needs are and prioritize them-illicit nurses input at the School Nurses of Minnesota (SNOM) fall conference • How can the Metro MAC and Susan Ross's asthma program at MDH be a resource for LSNs? • Asthma basics to new clinic nurses • Approach churches, the African American Leadership Council, Tyrone Tyrell-Civil Rights Director for City of Saint Paul • Approach senior centers, community education • Media approaches, i.e. PSAs • 18-19 year-olds-transition to asthma self-management needs • Hmong families, i.e. Hmong Cultural Festival booth • Special Olympics • Promote asthma ECHO programs on asthma, currently being translated in different languages. See http://www.echominnesota.org/index.cfm/p/tvArchive/l/en/tvID/32/ • Promote the Coach's Clipboard Program at www.winningwithasthma.org • Stephanie will provide programming based on ideas set forth and illicit participation via e-mail. If you have any further suggestions, please e-mail Stephanie.
<p>Proventil HFA</p>	<ul style="list-style-type: none"> • Barb inquired whether the group had any difficulties with the new instructions and patient education with Proventil HFA. Val stated that patients don't think that they are getting the medicine because they "can't taste it". Educate patients about the difference.
<p>Gaps Discussion</p>	<ul style="list-style-type: none"> • There is an abundance of asthma information. How do people with asthma <i>access</i> this information? • Much of the focus seems to be on childhood asthma. <i>What about adults?</i> • Beyond "asthma 101" for people with asthma, i.e. "Why is _____ important?"
<p>Invitation for Metro MAC co-chair</p>	<ul style="list-style-type: none"> • If you are interested, or know someone who is, please contact Stephanie.
<p>Resources</p>	<ul style="list-style-type: none"> • MDH's asthma program: www.health.state.mn.us/asthma • ALA's medication devices written material and video clips: http://www.mnasthma.com/InfoCenter/Provider/MedicationDevices.asp

<p>Next meeting: Monday, December 3, 2007 @ 5:30 – 7:00 p.m. at the ALA</p>	
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