



minnesota asthma coalition



AMERICAN LUNG ASSOCIATION
of Minnesota

Metro Region

to enhance the quality of life for people with asthma in Minnesota

Metro

Monday, December 3, 2007

Chair: Dr. Pramod Kelkar

American Lung Association of Minnesota
490 Concordia Ave, St. Paul MN

Meeting Minutes

<p>Participants: 17</p>	<p>Colleen Dobie, Allina Woodbury Christina Matthews, Children’s Respiratory & Critical Care Specialists Tammy John, South Washington County Public Schools Sommer Rian, North Memorial Medical Center Patricia Brown, Astra Zeneca Debby Lee, Washington County Public Health Julie Seiber, STEPS, St. Paul-Ramsey County Public Health Makeda Norris, Minneapolis Urban League Edna Scott, Open Cities Health Center Gustavo Taberna, Lupus Foundation of MN Carrissa Duke, Live Smoke Free Cynthia Piette, Smoke Free Washington County Kara Genia, Tobacco-Free Youth Recreation Cheryl Como, Lupus Foundation of MN Timberly Williams, Lupus Foundation of MN Erica Fishman, MDH Jill Heins-Nesvold, ALAMN Stephanie Kimmes, ALAMN</p>
<p>Minnesota Department of Health Update</p>	<ul style="list-style-type: none"> • Erica reported that she continues to work with Washington County’s asthma initiative as well as a recently-formed asthma initiative in Dakota County • Susan Ross presented the new asthma guidelines at the School Nurse of Minnesota (SNOM) conference in November • Susan Ross is also working with Hennepin County updating the interactive asthma action plan • MDH is looking for part-time asthma coalition coordinators for the Northwest Region (Bemidji area) and the South Central Region (Mankato area). These are 8-10 hours/week positions. Please contact Erica at Erica.Fishman@health.state.mn.us or call 651-201-5899 for additional information.

ALAMN Update	<ul style="list-style-type: none"> • Jill reported that an "<i>Asthma Update</i>" in-service will be held this Thursday, December 6th, at the ALA. • The ALA received funding to provide training re: the new asthma guidelines to clinicians in 6 states in the upper Midwest. Training would be provided by a physician specialist, i.e. allergist, and a nurse or nurse practitioner team. Pilots start July 9th. The ALA is currently developing the curriculum. Interested clinic groups should contact Stephanie Kimmes, the Metro MAC Coordinator, at stephanie.kimmes@spps.org. • "<i>Race Up the Place</i>", a vertical marathon stair climb, will be held February 2, 2008 in conjunction with the St. Paul Winter Carnival. Visit http://www.mrsnv.com/evt/home.jsp?id=1695 for more information about this fundraiser. • The "<i>Lutsen Summit</i>" will be held January 25-26, 2008. Visit http://www.mrsnv.com/evt/home.jsp?id=1821 for more information and registration for this premier conference. • Save the Date: the Asthma Walk is June 7, 2008 on Boom Island, Mpls • Save the Date: Camp SuperKids (asthma camp) is July 6-11, 2008 in Loretto MN. This is a residential asthma camp for children 8-13 years of age. If you are interested in participating as an RN, RT, pharmacist or MD, please contact Stephanie at stephanie.kimmes@spps.org
Controlling Asthma in American Cities Project (CAACP)	<ul style="list-style-type: none"> • Jill reminded the group about the various CAACP workgroups that are involved in the asthma strategic planning process to expand upon the successful work done in Mpls/St. Paul: 1) Environment, 2) Children with Asthma & Their Families, 3) Schools, 4) Childcare and Early Childhood, 5) Health Care Provider & Health Policy. Stephanie invited coalition members to join her and Dory Baker in the Children with Asthma & Their Families workgroup. Thank you, coalition member Christina Matthews, for offering to help on this workgroup. If you would like to learn more about any of the workgroups, please e-mail Stephanie at stephanie.kimmes@spps.org. For more information about CAACP, go online at: http://www.cleanairchoice.org/americancities/index.asp
Metro MAC events update	<ul style="list-style-type: none"> • Stephanie provided a community forums presentation and hosted an ALA booth at the Mpls Urban League Health Fair – exposure: 20-30 people • Pramod and Janet provided an excellent "<i>Asthma Update</i>" to 66 Certified Parish Nurses • The ALA had a booth at the SNOM conference – Metro MAC information was available – exposure: 50 nurses
Smoke Free Washington County (SFWC)	<ul style="list-style-type: none"> • Cynthia Piette presented her role in implementation of the October 1st smoke-free law – public education is primary; she reports that there has been smooth implementation of the law; SFWC is collecting stories from the public about how the law has affected them (50 stories received so far); overall, the

	<p>transition has been positive; there is an increase of families with kids out in restaurants; SFWC will continue to have a role in public awareness; resources for this work are available until the end of June; they continue to do monthly events, getting youth involved; the Metro MAC will contribute to their newsletter and pursue other collaborative opportunities</p>
Utilization of Certified Asthma Educators (AE-Cs)	<ul style="list-style-type: none"> ◆ Pramod pointed out in the last meeting that Certified Asthma Educators are underutilized in the clinic setting. Colleen inquired of the NAEB if they had a flyer promoting AE-Cs and they did not; Colleen offered to help the NAEB create one, but hasn't heard back; the Metro MAC concurred that we ought to create one; Colleen will lead this effort; anyone who would like to work on this project with Colleen starting end of January or so, please e-mail Stephanie @ stephanie.kimmes@spps.org. We have a template to start with compliments of the Stillwater Group.
Live Smoke Free presentation	<ul style="list-style-type: none"> ◆ Carrissa Duke described this MDH grant which is in year 1 of 2; Live Smoke Free works with tenants, landlords and community groups to recognize and reduce exposure to secondhand smoke; Live Smoke Free provides tenants with education that empowers them; they also provide training to groups like the MAC and assist getting policies adopted ◆ Action requested: Please e-mail Carrissa if you know of any opportunities to meet with groups of tenants at a tenant meeting or if you know of any smoke-free buildings to add to their list. Carrissa's e-mail is crd@ansrmn.org
Tobacco-Free Youth Recreation presentation	<ul style="list-style-type: none"> ◆ Kara Genia explained that this group advocates for tobacco free recreational areas for youth; this MDH grant is in its 2nd year in Carver, Hennepin, Ramsey, Scott and Washington counties; this group provides training to youth about the harms of tobacco, assessing the community, government 101, assist youth with presentations; grants are available up to \$1,000 each (5 were given in 2007); Metro MAC members were given applications ◆ Action requested: Please e-mail Kara if you know of any youth groups that may be interested: kg@ansrmn.org Ideas were church youth groups, YMCAs, Girl Scouts, Boy Scouts
Influenza Tool Kits	<ul style="list-style-type: none"> ◆ The ALA has a comprehensive "Faces of Influenza" tool kit; sample materials were provided; contact Jill if you are interested in obtaining a kit or CD: jill.heins@alamn.org
Asthma Care Fax	<ul style="list-style-type: none"> • Asthma Care Fax is a fax sheet which is intended to notify the primary care provider about overuse of Albuterol via the pharmacist; this has been piloted with CVS pharmacies before with success; discussion took place about the pros/cons and it was consensus that we proceed; we need a pharmacy champion – Don Uden's name was brought forward; Stephanie spoke with Don and he would be willing to help with this; please let Stephanie know if

	you would like to work on this project before the March mtg
Resources	<ul style="list-style-type: none"> • MDH's asthma program: www.health.state.mn.us/asthma • ALA's medication devices written material and video clips: http://www.mnasthma.com/InfoCenter/Provider/MedicationDevices.asp • The Coach's Clipboard program at www.winningwithasthma.org • ECHO DVDs are now available about asthma in a number of languages, i.e. Spanish, Hmong, Somali, etc. To order your free copies: http://www.health.state.mn.us/diabetes/echodvd/ • May 2007 Update to the <i>Strategic Plan for Addressing Asthma in Minnesota</i> is available on the MDH website in both PDF and Word formats. Please see the plan update at http://www.health.state.mn.us/asthma/StatePlan.html
The Lupus Foundation of MN	<ul style="list-style-type: none"> • Many thanks to Gus, Timberly and Cheryl for coming to share that many people with Lupus may also have breathing problems similar to those with asthma or COPD; their clients need providers who are educated about the respiratory aspects of Lupus; their clients need support; the Lupus Foundation of MN will focus on community health workers and social workers; they would like to work with more groups; initial collaboration includes connecting Lupus clients with the ALA's COPD support groups with Cheryl Sasse at cheryl.sasse@alamn.org
Future Metro MAC events	<ul style="list-style-type: none"> • Dakota County's Transition Resource Fair for young people with disabilities 14-21 years of age; Stephanie will provide asthma materials at the Dakota County Public Health booth in Rosemount December 10, 2007 • Dakota County foster care provider and child care provider asthma training in January or March 2008 • New immigrant resource fair in Dakota County in January 2008 – Stephanie will check into a booth and provide translated asthma materials, ECHO DVD • Please e-mail Stephanie if you get word about an event you would like to see the Metro MAC contribute to. • Next meeting: Monday, March 3, 2008 at the ALA, Mississippi Room, from 5:30 to 7 p.m. Featured speaker: Daniel Tranter - Indoor Air Quality