



minnesota asthma coalition

AMERICAN LUNG ASSOCIATION
of Minnesota

Metro Region

to enhance the quality of life for people with asthma in Minnesota

Metro

Monday, September 8, 2008

Chair: Dr. Pramod Kelkar

American Lung Association of Minnesota

490 Concordia Ave, St. Paul MN

Meeting Minutes

Participants: 13	<p>Dory Baker, RN, PNP, AE-C, Children's Asthma Clinic Debby Lee, RN, PHN, Washington County Public Health Mary Aarness, RN, LSN, retired Colleen Dobie, RN, PNP, AE-C, Allina Clinic-Woodbury Val Steussy, RN, AE-C, U of M grad student Sommer Rian, RT, AE-C, North Memorial Medical Center Barbara Lehn, RT, Pediatric Home Service Michelle Fischer, LPN, AE-C, The Lung Clinic – Saint Paul Tammy John, RN, LSN, PNP, AE-C, S. Washington County schools Berit Peterson, RN, Ramsey County Public Health Courtney Wells, U of M student Erica Fishman, MDH Stephanie Kimmes, ALAMN</p>
Minnesota Department of Health Update	<ul style="list-style-type: none"> • Courtney Wells, a U of M student working with Erica, is putting together two power point presentations – one for providers who work with children in after-school activities and one for adolescents using the Model of Healthy Youth Development. • MDH is getting a public health prevention specialist from CDC for two years. She will start September 27th – her duties yet to be assigned. • The CDC grant for the MAC was renewed for another year. Erica will be busy in January/February applying for the grant next year. There will be a competitive grant process, more competitive than in the previous 7-years grant process. • MDH is working on reimbursement issues for asthma education. 1) There is a billing code (S9441) that is used for non-physician/non-NP providers for asthma education that is not being used often. Note that the reimbursement is less than what an NP could bill for, a code that AE-Cs could use. 2) Reimbursement for home visits, DME products, etc. – some

	<p>insurance plans are paying for the home visits, but not the DME products like vacuum cleaners, etc.</p> <ul style="list-style-type: none"> • MDH has a CRETA project which started in January 2008 for PHNs in 3 communities in MN (Bloomington, Boys Fort Reservation and McCloud). Public health nurses went through the asthma educator course and were trained to provide in-home asthma education and environmental assessments. The project will end in December of this year. • MDH has created an AE-C survey to assess needs of MN AE-Cs. Erica provided copies and asked for feedback from the group. This survey will go out later in September.
ALAMN Update	<ul style="list-style-type: none"> • There are a number of 2008 upcoming events: 1) <i>Managing Your Child's Asthma</i> (parent asthma education class) September 25th or October 23rd; 2) <i>Managing Your Asthma</i> (adult asthma education class) October 16th; 3) <i>Asthma Update</i> October 23rd; 4) <i>Implementation and Interpretation of Spirometry in the Primary Care Practice</i> October 23rd; and 5) <i>Asthma Educator Institute</i> November 5-6th; all held at the ALAMN. For more info or to register, visit alamn.org • Heather Steffens, RT, AE-C and Metro MAC member has been nominated for the National Asthma Educator Certification Board 2009-2011 term. Heather is an excellent advocate for people with asthma! If you are an AE-C, please consider voting for her! • Asthma 101 – a new asthma resource to teach child care providers, coaches and school personnel. There are beautiful participant handbooks that include two posters.
Metro MAC Activities Update	<ul style="list-style-type: none"> • 8/9/08: Dakota County Fair in Farmington – provided asthma and no-smoking materials and prizes for the Smoke-Free Dakota County booth • 8/12/08: Anoka-Hennepin County teacher's "Summer Institute" – provided asthma presentation to 23 teachers • 8/13/08: Partners for Asthma Action (P4AA) Community Forums meeting – discussed merger of interested Metro MAC members and P4AA forums workgroup • 8/18/08: South Washington County Schools health office staff training – asthma questionnaire and new asthma guidelines • 8/31/08: P4AA leadership team mtg • 9/8/08: P4AA Community Education & Outreach mtg
Asthma Educator Brochure	<ul style="list-style-type: none"> ♦ Stephanie presented the final AE-C brochure, a product of the Metro MAC, with support by the ALAMN with graphics. Great job, everyone! The brochure is in Word format and can be edited to include your clinic's information. If you do not see the brochure attached, it will be e-mailed separately.
Future Metro MAC Activities	<p>School district outreach: "Asthma 101" to junior high school teachers in Stillwater 9/15 and 9/16</p> <p>Child care provider outreach: "Asthma 101" presentation to</p>

	<p>Dakota County foster care providers and child care providers 9/23/08 in Apple Valley</p> <p>Professional outreach: School Nurse of MN (SNOM) conference display table 10/16 in Minnetonka</p> <p>Community outreach: YMCA Cultural Disparities Workshop – panel participant and display board 10/20 in Saint Paul</p>
<p>HFA inhaler with spacer/holding chamber or not?</p> <p>Metro MAC work plan</p> <p>Announcements</p> <p>Resources</p> <p>Next meeting</p>	<ul style="list-style-type: none"> • The group discussed current practice with using HFA inhalers and spacers; clinicians present stated that they were continuing to have their patients use a spacer/holding chamber with the HFA inhalers; Michelle provided information from National Jewish’s website that also promotes using a spacer/holding chamber. • Jill consulted with Dr. Sveum, allergist, re: this topic – the FDA approved the HFA products without a spacer/holding chamber as studies were done without them; it is important to remember to make sure that the patient is using the inhaler using correct technique. • Stephanie provided a copy of the coalition’s work plan and asked for feedback; members provided ideas for a variety of activities; coalition members also received the statewide MAC plan to review for consistency. • Colleen Dobie, Certified Pediatric Nurse Practitioner and AE-C has accepted the invitation to co-chair! Colleen, an active member of the Metro MAC, comes with a wealth of knowledge and expertise to help lead this group with Dr. Kelkar. We look forward to your leadership, Colleen! • An “Asthma Inhalers” poster is available in English or Spanish for patient education. If interested in obtaining a complimentary copy, please e-mail Stephanie. • The Metro MAC has access to a variety of asthma education pamphlets. If you would like an assortment for your office or work event, please let Stephanie know: stephanie.kimmes@alamn.org • Monday, December 8, 2008 at the ALAMN, Mississippi Room, from 5:30 to 7 p.m.